

Sermon Outlines

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YOU'RE

GONNA

MAKE

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**UNLOCKING RESILIENCE
WHEN LIFE IS A MESS**

Introduction

1. Each message is designed to walk through the Scripture that is #1. So, it's expository-style teaching but with a strong topical focus.
2. If a church wants to do a shorter sermon series, they can either:
 - Do a 4-week sermon series using Chapters 1, 2, 6 & 10, which is an overview of the book
 - Do one of the sections
 - Use whichever outlines seem the most relevant to them
3. Don't miss the Unlocking Resilience Sections at the end of each chapter in the book for some easy application.

Chapter 1

Unlocking Resilience

1. Hebrews 12:1-2
2. Jesus is our example
3. John 13:13-16
4. Hope + Grit = Unstoppable
5. Psalm 27:13-14
6. Keep the joy set before you
7. Philippians 2:8-9
8. Let Jesus empower your resilience
9. Philippians 2:9-11

Chapter 2

Persevering in the Midst of Suffering

1. Romans 5:1-5
2. Let Jesus transform your suffering
3. 1 Peter 4:12-13
4. Suffering produces precious fruit
5. James 1:2-4
6. Your hope reveals the love of God
7. 1 John 4:8-11

Chapter 3

Don't Waste the Hard Things

DESCRIPTION

Jesus never promised us a life where everything would be easy. Jesus never said that if we followed him everything would be smooth sailing. The Lord never promised us a rose garden without thorns. But, in everything, Jesus is doing a unique work. There is no waste in God's kingdom. Everything is purposeful and God uses all things to do His work.

1. Romans 8:18-39
2. Suffering is not optional
3. 2 Corinthians 4:16-18
4. 2 Timothy 3:12
5. Hope Defined
6. Romans 5:3-5
7. We have the Help we need
8. John 14:16-17
9. God's goal is Jesuslikeness
10. 2 Corinthians 3:18
11. Victory is assured
12. John 16:33

Chapter 4

Hope Under Pressure

DESCRIPTION

Suffering is part of life—but that's such a hard reality to embrace! But the crazy thing is, with Jesus, suffering is often the context for our hope. In suffering, we come face-to-face with what we believe in our hearts about who God is. Few stories depict this reality more beautifully than the story of Job. Even in the midst of tremendous suffering, Job walked in unstoppable hope—something we can all learn from, with equally beautiful results in our lives.

1. The Book of Job
2. There are many types of suffering
3. 2 Corinthians 1:3-7
4. Sometimes friends and family fail
5. Matthew 26:33-35
6. Matthew 27:45-46
7. Job 19:21-27
8. Let hope rise under pressure
9. James 1:2-5
10. You can trust God even when He doesn't explain Himself
11. Job 13:15
12. Hebrews 12:1-2

Chapter 5

Our Context for Renewal

DESCRIPTION

God is in the business of making all things new. This newness exists on every level of our lives. But with all that is going on in the world, how can we be renewed? We believe that God wants to do a work of renewal in all of us in this present cultural moment.

1. Isaiah 40:31
2. Be with Jesus and be renewed
3. Zephaniah 3:17
4. Be the Church and work together
5. Hebrews 10:24-25
6. Be on mission and transform everything
7. Genesis 12:1-3
8. Exodus 19:3-6

Chapter 6

Winning the Battle Against Fear & Worry

1. Matthew 6:25-34
2. Do not worry
3. Psalm 37:1, 8
4. Isaiah 41:10
5. Learn from nature
6. Psalm 150:6
7. Joshua 1:9
8. Invest that energy in the right place
9. Psalm 94:19

Chapter 7

Hope Has a Name

DESCRIPTION

Why should we choose hope in times of uncertainty? It's simple really. Because hope has a Name. As followers of Jesus, we realize that Jesus must be the center of everything in our lives. Because of Jesus, we have an unstoppable hope. Because He is faithful at all times.

1. John 14:1-6
2. Faith cures your troubled heart
3. Hebrews 11:1, 6
4. Put your struggles in the context of eternity
5. Philippians 1:21-24
6. Jesus is coming soon
7. Romans 13:11-12
8. Jesus is the way, the truth, and the life
9. Colossians 1:27

Chapter 8

The Cure for Fear

DESCRIPTION

At the best of times, there are so many things we find ourselves afraid of. In uncertain times, it's easy for our fear to rage off the charts! The beautiful thing for the follower of Jesus is, that even though we still feel afraid, we don't have to let it drive our lives. God offers us a cure for fear! Join us as we learn how we can live by faith instead of fear.

1. Isaiah 41:8-10
2. We've been chosen to serve
3. Mark 10:41-45
4. God's Presence cures fear
5. 1 John 4:18-19
6. Joshua 1:9
7. Trust God's promises
8. Deuteronomy 31:6

Chapter 9

The Gift of Hope

DESCRIPTION

If you've spent any time watching the news recently, you've undoubtedly heard the same subliminal message from a million sources: "Be afraid." Sure, most people aren't telling you directly to be scared, but the way they're presenting the facts makes everything seem . . . hopeless. Thankfully, God offers us a gift—(and does anyone not love to receive gifts?)—that gives us a way to replace our fear with an unstoppable hope.

1. 2 Timothy 1:7
2. Replace fear
3. Psalm 34:4
4. I got the power
5. 2 Corinthians 12:9
6. Let love rule
7. 1 Peter 4:8
8. Keep your head
9. Romans 12:2
10. Receive God's gifts

Chapter 10

Thriving in Stressful Seasons

1. Galatians 6:9-10
2. Don't grow weary
3. Isaiah 40:31
4. A harvest is coming
5. James 5:7-8
6. So keep on keeping on
7. Titus 3:8

Chapter 11

Steady Under Stress

DESCRIPTION

Without a doubt, we live in times of uncertainty. There is so much going on. Not only in our community. But also, in our world. Sometimes we can feel completely overwhelmed by it all. Yet Jesus invites us all to walk in a unique hope. Because of who Jesus is, He has given us an unstoppable hope. Join us as we begin a special series that explores how to have a fail-proof faith in uncertain times. In this message, Pastor Daniel will be unpacking how to stay steady under stress.

1. 1 Thessalonians 1:2-4
2. Revelation 2:2 & 1 Corinthians 13:13
3. Have a faith that works
4. James 2:18
5. Ephesians 2:8-10
6. Chose to labor in love
7. John 15:12-13
8. Always continue to hope
9. Romans 5:1-5

Chapter 12

Overwhelmed No More

DESCRIPTION

From the political tension we feel in our country, to the daily stresses of life at home with our families, or the internal struggles we face individually, there is any number of things we can feel overwhelmed by, every single day. And the more overwhelmed we get, the more we run after the things or people that bring us a sense of comfort . . . even if those comforts are ultimately bad for us. The beautiful thing about following Jesus is he not only offers us comfort when we feel overwhelmed, but he also enters into what we're experiencing and endures it with us. Join us as we let the music of the Psalms bring us an encouragement no earthly circumstances can take away.

1. Psalm 61
2. Be led higher
3. Colossians 3:1-3
4. Shelter in the right place
5. Matthew 23:37-38
6. Focus is key
7. Isaiah 26:3
8. Praise and practice
9. Psalm 150:6

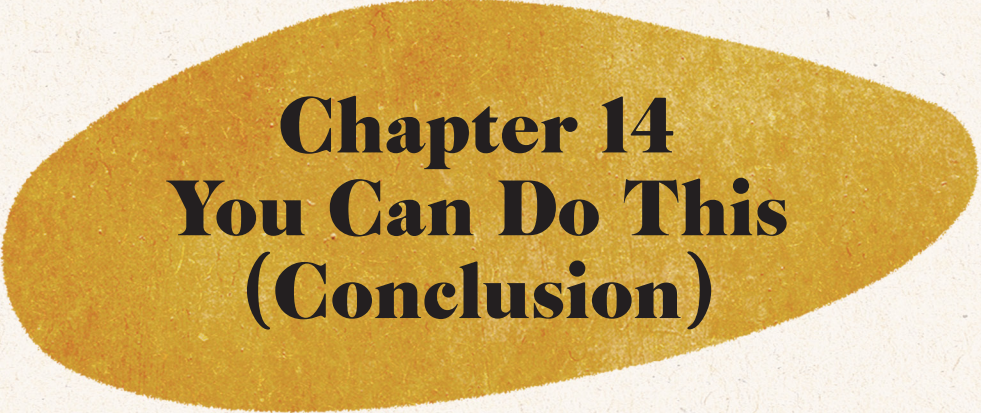
Chapter 13

Settled and Resilient

DESCRIPTION

We all want everything to be “up and to the right.” We always want things to be smooth-sailing and getting better. We want to take the shortest distance between points A and B. But that’s not real life. Life is full of ups and downs, ins and outs. Even though we try hard to make things nice and clean, the journey of life is a jagged one. And so is our walk of faith as we hope in Jesus. Do not miss this message on what it means to walk in settled confidence.

1. Psalm 27
2. The Lord is light, salvation, and strength
3. Stay rooted
4. Psalm 1:1-3
5. John 15:4-5, 8
6. Seek His face and rejoice
7. Acts 17:26-27
8. Hope births courage



Chapter 14
You Can Do This
(Conclusion)